

Solution of Initial-Boundary Value Problems
 Diet, Drugs and Dopamine Umurdin Dalabaev David A. Kessler, MD

methods for solving problems of mathematical physics can be divided into the following four classes analytical methods the method of separation of variables the method of characteristics the method of green s functions etc methods have a relatively low degree of universality i e focused on solving rather narrow classes of problems approximate analytical methods projection variational methods small parameter method operational methods various iterative methods are more versatile than analytical ones numerical methods finite difference method direct method control volume method finite element method etc are very universal methods probabilistic methods monte carlo methods are highly versatile can be used to calculate discontinuous solutions however they require large amounts of calculations and as a rule they lose with the computational complexity of the above methods when solving such problems to which these methods are applicable comparing methods for solving problems of mathematical physics it is impossible to give unconditional primacy to any of them any of them may be the best for solving problems of a certain class the proposed method of moving nodes for boundary value problems of differential equations combines a combination of numerical and analytical methods in this case we can obtain on the one hand an approximately analytical solution of the problem which is not related to the methods listed above on the other hand this method allows one to obtain compact discrete approximations of the original problem note that obtaining an approximately analytical solution of differential equations is based on numerical methods the nature of numerical methods also allows obtaining an approximate analytical expression for solving differential equations

instant new york times bestseller an important and illuminating book chris van tulleken author of ultra processed people for decades the medical establishment has been giving us the wrong advice on what to eat and when we put on weight we are made to feel it s our own fault in diet drugs and dopamine dr david a kessler a leading medic and former head of the us food and drug administration sets the record straight sharing new evidence that obesity is not just a disease of the body but also one of the brain he explains how processed food has changed our brain chemistry creating compulsive cravings that not only cause us to eat more but rob us of the ability to feel full as someone who has struggled with his weight all his adult life dr kessler trials the latest weight loss drugs and brings his unique perspective to evaluate their real impact while these medicines which work by suppressing appetite will offer miracle results for some they are not a cure all drawing on cutting edge research on the many factors that influence weight from neuroscience to nutrition kessler

presents a new way forward eye opening and empowering this book is a must read for anyone who has ever struggled to maintain a healthy body weight which is to say everyone

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