

Frailty in Older Adults with Cancer Fabio Gomes

Frailty in Older Adults with Cancer *Fabio Gomes*

this book summarizes evidence on frailty and ageing how this may impact patient outcomes and how frailty can be assessed managed and incorporated in the decision making process for older patients with cancer the book aims to empower clinical teams to assess and support older cancer patients with frailty ideally within a multidisciplinary setting and to improve the selection of older cancer patients to the most appropriate management treatment strategies in order to improve the outcomes of this group of patients often underrepresented in research the reader will learn the methods available for assessing frailty such as screening tools but also how to perform different geriatric assessments covering the different key components physical nutritional social psychological etc the book also provides information on how to manage and intervene on frailty with the role of pre habilitation and re habilitation how to set up specialised teams and pathways within one s hospital and community for these older cancer patients with frailty finally the management of this challenging group of patients according to the cancer type is discussed in detail alongside with mapping the unmet research needs and future directions in this field

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