

The Acute and Long-Term Impact of COVID-19 on Mental Health of Children and Adolescents Kai Yuan

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the coronavirus disease 2019 covid 19 epidemic has dramatically spread throughout the world which has also caused mental health problems among the public especially vulnerable groups like children and adolescents as a traumatic event the outbreak of covid 19 might increase the prevalence of a series of mental health problems in children and adolescents probably due to social distancing school closures as well as separation from parents and home quarantine the continuing spreading of covid 19 infection as well as vaccine uptake strategies quarantine policies and health services during post epidemic era may also have a long lasting side effect on children and adolescents children and adolescents are in critical periods of neurodevelopment and once they develop mental health problems the long lasting negative influence might span across their lifetime moreover long term multisystem sequelae including neurological and psychiatric systems of covid 19 infection in children also compromise the development of physical and mental wellbeing in adulthood though there have been several studies on mental health consequences and long term impact on the mental health of children and adolescents caused by covid 19 there is still limited data and more comprehensive studies are needed on this important topic

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