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Perfect Vision Diet - The Secret to 20/20 EyesPerfect EyesightA COMPLEAT SYSTEM OF OPTICKSThe Concept of HolinessA Complete System Of Opticks Complete System of Opticks in Four Books, Viz. A Popular, a Mathematical, a Mechanical, and a Philosophical Treatise. To which are Added Remarks Upon the Whole. By Robert SmithThe Cincinnati Lancet-clinicThe LancetThe London, Edinburgh and Dublin Philosophical Magazine and Journal of ScienceThe London, Edinburgh, and Dublin philosophical magazine and journal of scienceThe Homoeopathic TimesAmerican Journal of ScienceThe Journal of Ophthalmology, Otology and LaryngologyThe Ohio Medical JournalThe Dental RegisterThe Inland PrinterThe Mind of Man: Being a Natural System of Mental Philosophy ... Illustrated, EtcThe Medical and Surgical ReporterNature LondonThe Dublin Quarterly Journal of Medical Science M. Usman Robert A. Zuraw Robert Smith O.R. Jones Robert Smith Robert Smith Naturforschende Gesellschaft in Zürich Alfred SMEE (F.R.S., Surgeon to the Bank of England.)

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the miracle of perfect eyesight the truth about the eyes it is said that the eyes are the windows of the soul how clear is your vision can you see the world without blurry vision or distortion the so called normal eye can easily read the 20 foot line on the snellen eye test chart at 20 feet away this is called 20 20 vision there is no limit as to how much one can improve their vision beyond the 20 20 range healthy eyes are a marvel of nature s creation a person with above average eyesight can easily read the 10 foot line smallest bottom line on the snellen eye test chart at 20 feet away 20 10 vision i have seen people who can read the 10 foot line at 50 to 60 feet away 60 10 vision this is called telescopic vision there is also no limit to reading small microscopic type print known as microČscopic vision there is no limit to how sharp and clear one can see in the distance and close up we are all walking talking seeing miracles of great nature the sages say human beings are solidified sunlight or trails of light because our eyesight and our very life is totally dependent on the solar orb we would all become blind without the healing rays of sunlight upon our retina sunlight also gives us natural vitamin d for healthy skin and eyes the eye training secrets contained in this book have taken me from 20 600 progressive advanced myopia or blind without glasses to better than 20 20 vision if you practice and are persistent in your eye training you too can improve vision quickly eye muscles accommodation the mystery unveiled in order to see properly the eyes must accommodate accommodation takes place when focusing on various distances close and far which muscles are doing the focusing during accommodation is debatable among ophthalmologists dr helmholtz an early eye doctor found that only the ciliary eye muscles do the accommoČdating the helmholtz theory is the accepted belief of most modern eyeglass doctors dr bates a natural eye specialist felt that the two oblique eye muscles performed eye accommodation by compressing the round eyeball in the middle and making it longer horizontally dr bates cut these muscles in rabbits and found the eyes could not accommodate when he injected a drug to paralyze the oblique muscles the eyes failed to accommodate when he put together the severed muscles and washed out the drug the rabbit s eyes were able to accommodate again the helmholtz theory holds that accommodation is due to the expansion and contraction of the crystalline lens caused by the action of the ciliary muscle dr bates through his experiments discovered and proved that it is not the crystalline lens but the six external muscles that act upon the eyeball and give the eye its ability to adjust and accommodate to near and far objects the fact that patients who have had the crystalline lens removed are still able to see and have the power to accommodate should be convincing proof of this theory it is obvious both the oblique muscles and the ciliary muscles work in conjunction when focusing here is the reason why the normal eye when looking at a distant object becomes shortened and when looking at a close object is elongated the external muscles oblique recti iris and the ciliary muscles all enable the eyes to accommodate properly the external muscles lengthen and shorten the eyeball to enable light rays to fall upon the macula the iris adjusts the pupil for the amount of light necessary to see clearly and the ciliary muscle contracts the lens to focus upon the object the ciliary muscle changes the lens and directs the rays of light to focus upon the macula or center of sight while looking at a distant object of more than twenty feet away the rays come into the eyes parallel when looking at a close point rays come into the eyes at an angle the normal eye must accommodate these rays in order to see clearly a close or distant point all rays fro

the concept of holiness 1961 examines one of the most distinctively religious concepts in the sphere of hebrew and christian belief the intimate connections between this concept and the associate notions of fear power separatedness wholeness and goodness are carefully unfolded and the analysis shows that in none of its connections can holiness be fairly understood unless reference is made to the key concept of divine personality after giving a suggestive philosophical account of this key concept by linking it with the notion of a perfect vision the author shows how the concept of holiness in its manifold connections is thereby illuminated

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