

## First Aid Manual 10th Edition

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covers the period from 1790 to 1905 in the times of london

updated 10th edition includes updates to first aid for choking infants the first aid manual is the uk's only fully authorised first aid guide endorsed by St John Ambulance St Andrew's First Aid and the British Red Cross and packed with step by step first aid advice used as the official training manual for the uk's leading first aid organisations courses the bestselling first aid manual covers all aspects of first aid from emergency first aid and first aid for babies and children to resuscitation find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unconsciousness and how to use essential equipment step by step photography all shot in situ to reflect real life issues shows you what to do in any situation the ideal first aid book for you and your family keep the first aid manual handy it could be a life saver previous edition isbn 9781405362146

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