Health The Basics 5th Edition

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time for an upgrade the fifth edition of the complete idiot's guide to computer basics places the reader in charge of the computer rather than the other way around and places the focus on software troubleshooting rather than hardware techno babble the reader wants to do something practical with his or her computer this book shows them how covers basic office programs and how to manage photo video and music files advice on safe web surfing including coverage of newsgroups message boards and mailing lists new green computing initiatives that help protect the environment maintenance and upgrading information

american philosophy the basics introduces the history of american thought from early calvinists to the new england transcendentalists and from contract theory to contemporary african american philosophy the key question it asks is what it is that makes american philosophy unique this lively and compelling book moves through key periods in the development of american thought from the founding fathers to the transcendentalists and pragmatists to

contemporary social commentators readers are introduced to some of the most important thinkers in american history including jonathan edwards thomas paine charles sanders pierce thomas kuhn cornel west and many more developments in five key areas of thought epistemology metaphysics religion and ethics social philosophy and political philosophy the contributions of american women african americans and native americans featuring suggestions for further reading and assuming no prior knowledge of philosophy this is an ideal first introduction for anyone studying or interested in the history of american thought

eastern philosophy the basics is an essential introduction to major indian and chinese philosophies both past and present exploring familiar metaphysical and ethical questions from the perspectives of different eastern philosophies including confucianism daoism and strands of buddhism and hinduism this book covers key figures issues methods and concepts questions discussed include what is the self is human nature inherently good or bad how is the mind related to the world how can you live an authentic life what is the fundamental nature of reality throughout the book the relationships between eastern philosophy western philosophy and the questions reflective people ask within the contemporary world are brought to the fore with timelines highlighting key figures and their contributions a list of useful websites and further reading suggestions for each topic this engaging overview of fundamental ideas in eastern philosophy is valuable reading for all students of philosophy and religion especially those seeking to understand eastern perspectives

this book provides comprehensive and detailed information on the scientific bases of nuclear medicine addressing a wide variety of topics and explaining the concepts that underlie many of the investigations and procedures performed in the field the book is divided into six sections that cover the physics and chemistry of nuclear medicine besides associated quality assurance quality control procedures dosimetry and radiation biology spect and pet imaging instrumentation plus ct imaging technology in hybrid modalities data analysis including image processing reconstruction radiomics image degrading correction techniques along with image quantitation and kinetic modeling within these sections particular attention is paid to recent developments and the advances in knowledge that have taken place since release of the first edition in 2011 several entirely new chapters have been included and the remaining chapters thoroughly updated innovations in the ever expanding field of nuclear medicine are predominantly due to integration of the basic sciences with complex technological advances this excellently illustrated book on the subject will be of interest to not only nuclear medicine physicists and physicians but also clinical scientists radiologists radiopharmacists medical students and technologists

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