

# Spirit Guide Contact Through Hypnosis

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contacting spirit guides is as old as civilization itself shamans dating back to at least 50 000 b c ritualistically contacted nonphysical entities the mystery schools of ancient egypt greece persia rome and india also dealt with contacting spirit guides every major religion acknowledges the reality of discarnate entities or spirits whether they are called saints angels the holy spirit and so on one of the purposes of this book is to demystify this process the media s depiction of spirit contact has led to the false assumption that anyone who establishes this contact must be in great danger in reality this communication is natural relatively simple and a wonderful growth experience spirit communication removes the fear of death and bereavement and results in a form of spiritual empowerment contacting your spirit guides can help us develop your intuition and other psychic abilities increase your ability to love yourself and others become more aware of the workings of the universe establish better contact with your own masters and guides and higher self to facilitate your own spiritual evolution protect you from negative entities and or other forces in the universe access the wisdom of the ancients establish and maintain your own physical mental emotional and spiritual health overcome bad habits and fears eliminate the fear of death see into the future master the art of out of body experiences learn your

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bruce goldberg makes the mechanism of contact with one s spirit guides  
accessible to all who sincerely apply themselves dr goldberg has blessed his  
readers with countless hours of inspiration and guidance this is a book that will  
bring comfort and joy to millions brad steiger author of guardian angels and  
spirit guides contacting spirit guides is as old as civilization itself shamans  
dating back to at least 50 000 b c ritualistically contacted nonphysical entities  
the mystery schools of ancient egypt greece persia rome and india also dealt  
with contacting spirit guides every major religion acknowledges the reality of  
discarnate entities or spirits whether they are called saints angels the holy spirit  
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natural relatively simple and a wonderful growth experience spirit  
communication removes the fear of death and bereavement and results in a form  
of spiritual empowerment contacting your spirit guides can help us develop your  
intuition and other psychic abilities increase your ability to love yourself and  
others become more aware of the workings of the universe establish better  
contact with your own masters and guides and higher self to facilitate your own  
spiritual evolution protect you from negative entities and or other forces in the  
universe access the wisdom of the ancients establish and maintain your own  
physical mental emotional and spiritual health overcome bad habits and fears  
eliminate the fear of death see into the future master the art of out of body  
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psychologist baker traces the history and current status of hypnosis reviewing  
the role played by suggestion and examining the major contemporary theories  
and misconceptions regarding the phenomenon current research points to the  
conclusion that there is no state of altered consciousness produced by hypnosis  
and that what we term hypnosis is in fact a complex hybrid of social compliance  
relaxation and suggestibility that can account for many esoteric behavioral  
manifestations including such occult behavior as past life regression ufo  
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