

## Brokner And Khans Clinical Sports Medicine

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the bible of sports medicine now enhanced by a new companion website brukner and khan s clinical sports medicine 4th edition is the complete practical guide to musculoskeletal medicine and physical therapy covering all aspects of diagnosis and management of sports related injuries and physical activity extensively revised and expanded by the world s leading sports physicians this fourth edition continues to set the standard as the pinnacle of current knowledge and practice in sports medicine at 1 270 pages 67 chapters and over 1000 full colour images the fourth edition has 25 more content than the best selling third edition all aspects of diagnosis and management of sports related injuries and physical activity are covered including the fundamental principles of sports medicine diagnosis and treatment of sports injuries enhancement of sports performance and dealing with special groups of participants with a focus on clinical relevance each chapter has been comprehensively reviewed and updated and there are 13 brand new chapters covering hot topics such as challenging hip pain sudden death in sport hamstring tear management sideline emergency care and the latest in pain science led by peter brukner head of sports medicine and sports science liverpool football club and karim khan professor university of british columbia vancouver the 100 strong author team representing 14 countries around the world are all renowned experts in their field and have an average of 15 years practical experience key features new companion website featuring over 4 hours of assessment and treatment video and audio material which will be updated regularly 12 months access with book purchase comprehensively reviewed and updated featuring an expert international author team expanded includes 13 new chapters covering topics such as hip pain military medicine prevention of sudden cardiac death and the integration of evidence into clinical practice more illustrations than ever before with over 1000 colour photographs demonstrating techniques exercises and sports injuries and purpose drawn full colour anatomical illustrations full colour text design greatly enhances readability of the content while clear colour differentiation for headings and figures ensures ease of use the fourth edition is enhanced by a new companion website featuring clinical sports medicine masterclasses online readers will gain access to this secure site via a pincode included with the book the site will include video clips of clinical examinations interviews with leading experts and will be updated regularly brukner and khan s clinical sports medicine 4e provides excellent value as an authoritative clinical foundation for physiotherapists medical practitioners osteopaths massage therapists podiatrists sports athletic trainers sports therapists

fitness leaders and athletes it is widely adopted by students in sports physiotherapy medicine and human movement studies kinesiology

ebook clinical sports medicine 5th edition volume 1 injuries a striking feature of clinical sports medicine has always been the authors relentless commitment to clinical this is a unique book dr emma k stokes president world confederation for physical therapy editors peter brukner ben clarsen jill cook ann cools kay crossley mark hutchinson paul mccrory roald bahr karim khan brukner khan s clinical sports medicine the world leading title in sport and exercise medicine is an authoritative and practical guide to physiotherapy and musculoskeletal medicine for clinicians and students to accommodate the rapid advances in the professions the fifth edition has been expanded into two volumes this first volume clinical sports medicine injuries is the essential guide to all aspects of preventing diagnosing and treating sports related injuries it serves physiotherapists team clinicians athletic trainers sports therapists sports rehabilitators and trainers as well as students in the health professions and in human movement studies all chapters have been updated and rewritten by an international team of sports physiotherapists and sports physicians at the top of their fields more than 550 new figures have been added to bring the total number of illustrations to 1300 there are 15 new chapters including shoulder pain acute knee injuries posterior thigh pain low back pain return to play sport specific biomechanics the second volume clinical sports medicine exercise medicine is scheduled for release in 2018 and will focus on the health benefits of exercise and the medical issues in sport it will serve general practitioners and other clinicians who prescribe exercise to promote health and to treat medical conditions such as heart disease and diabetes this ebook of clinical sports medicine injuries is enhanced with up to 50 instructional videos demonstrating procedures about the authors peter brukner oam mbbs facsep facsm ffsem peter brukner is a sport and exercise physician and currently the australian cricket team doctor he was previously head of sports medicine and sports science at the liverpool football club in the uk peter is the founding partner of the olympic park sports medicine centre a past president of the australasian college of sport and exercise physicians and professor of sports medicine at la trobe university peter has been an olympic team physician and was the socceros team doctor at the 2010 world cup in 2005 he was awarded the order of australia medal oam for services to sports medicine karim khan md phd mba facsep facsm ffsem karim khan is a sport and exercise physician and professor of sports medicine at the department of family practice at the university of british columbia vancouver canada he is editor in chief of the british journal of sports medicine bjsm and has published more than 300 peer reviewed research articles in 2001 he was awarded the australian prime minister s medal for service to sports medicine karim was profiled in the

lancet in its 2012 olympic games issue

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brukner and khan s clinical sports medicine is the bible of sports medicine the text explores all aspects of diagnosis and management of sports related injuries and physical activity such as the fundamental principles of sports medicine diagnosis and treatment of sports injuries enhancement of sports performance and dealing with special groups of participants

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musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports related injuries the fifth edition has been expanded to accommodate a much higher level of evidence based content and reflects the huge amount of new research and significant changes in thinking since the previous edition was published the contributing editors are an international compilation of globally recognised experts within their fields this is essential reading for sports medicine physicians physical therapists and physical therapy students topics in volume two include exercise and health exercise and disease environment harassment and abuse special groups maximising athletic performance nutrition for performance

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a doody's core title

clinical sports nutrition is a comprehensive reference that provides state of the art sports nutrition information coupled with advice on how to apply sports nutrition guidelines in a clinical and practical framework established as the leading international text on the subject this is the definitive guide to maximising athletic performance through advanced nutrition the book covers a comprehensive range of topical issues on sports nutrition presenting the theory and most up to date research findings in clear readable terms and incorporating highly practical applications specifically for practitioners working in the sports arena the contributing authors are leading academics physicians and sports dietitians from australia canada united states united kingdom and finland this edition has been revised with an emphasis on updating knowledge and practice that developed since 2000 new coverage in this edition includes information on the female athlete exercise and the immune system anti oxidants and the athlete and nutrition during travel

peter brukner oam mbbs facsp facsm ffsem is a sport and exercise physician and currently the australian cricket team doctor he was

previously head of sports medicine and sports science at the liverpool football club in the uk peter is the founding partner of the olympic park sports medicine centre a past president of the australasian college of sports physicians and professor of sports medicine at la trobe university peter has been an olympic team physician and was the soccerroos team doctor at the 2010 world cup in 2005 peter was awarded the order of australia medal oam for services to sports medicine karim khan md phd mba facsp facsm ffsem is a sport and exercise physician and professor of sports medicine at the department of family practice at the university of british columbia vancouver canada he is editor in chief of the british journal of sports medicine bjsm and has published more than 280 peer reviewed research articles in 2001 he was awarded the australian prime minister s medal for service to sports medicine he was profiled in the lancet in its special 2012 olympic edition

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