

Stress Und Coping Bei Paaren

Emotions and coping during exams Couples Coping with Stress Dyadic Coping: A Collection of Recent Studies Le couple en thérapie comportementale, cognitive et émotionnelle Effects of Romantic Partner Interaction on Psychological and Endocrine Stress Protection in Women Stress and Anxiety Handbook of Health Psychology Cognitive Psychotherapy of Psychotic and Personality Disorders Kognitive Vermeidung und physiologische Korrelate bei Phobikern Repetitorium Pflege heute Beyond the Mind-body Dualism Advances in Psychology Deutsche Nationalbibliographie und Bibliographie der im Ausland erschienenen deutschsprachigen Veröffentlichungen Onset and Course of Schizophrenic Disorders The German Journal of Psychology PASCAL. Englisch-Deutsches Supplement-Lexicon als Ergänzung zu allen bis jetzt erschienenen englisch-deutschen Wörterbüchern Zeitschrift für differentielle und diagnostische Psychologie Sociologus; zeitschrift für völkerpsychologie und soziologie Contributions Toward Evidence-based Psychocardiology Tobias Ringeisen Mariana K. Falconier Guy Bodenmann François ALLARD Beate Ditzen Petra Buchwald Andrew Baum Carlo Perris Barbara Alt Nicole Menche Evy Zacharacopoulou Wolfgang Böker A. Hoppe Richard Thurnwald Jochen Jordan

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this is the first book that reviews both empirical and clinical applications of how couples jointly cope with stress dyadic coping around the globe the systemic transactional stress model stm developed by co editor guy bodenmann is used as a consistent framework so readers can better appreciate the contrasts and similarities across the fourteen cultures represented in the book written by scholars from

the particular culture each chapter provides a conceptual review of the dyadic coping research conducted in their specific cultures and also provides empirical and clinical recommendations additional contributions include how to measure dyadic coping so others can apply the stm model in other contexts the latest treatment approaches for therapy and prevention are also highlighted making this book ideal for professionals interested in expanding their cultural competence when working with couples from various backgrounds highlights include how couples in different cultures deal with stress and how values and traditions affect dyadic stress and coping global applications especially to couples in the regions highlighted in the book the u s including one chapter on latino couples in the u s australia china greece hungary italy japan kenya nigeria pakistan portugal romania and switzerland factors encountered in examining dyadic coping using the stm model including measurement and assessment issues suggestions for making treatment prevention and intervention programs for couples more effective ideal for relationship researchers psychologists mental health counselors social workers and advanced students who work with couples dealing with stress this book is also appropriate for advanced courses on interpersonal processes close relationships stress and coping multicultural issues in marriage and family therapy or counseling or family systems taught in a variety of social science disciplines

dyadic coping is a concept that has reached increased attention in psychological science within the last 20 years dyadic coping conceptualizes the way couples cope with stress together in sharing appraisals of demands planning together how to deal with the stressors and engage in supportive or joint dyadic coping among the different theories of dyadic coping the systemic transactional model stm bodenmann 1995 1997 2005 has been applied to many studies on couples coping with stress while a recent meta analysis shows that dyadic coping is a robust and consistent predictor of relationship satisfaction and couple s functioning in community samples some studies also reveal the significance of dyadic coping in dealing with psychological disorders e g depression anxiety or severe illness e g cancer diabetes copd etc researchers all over the world build their research on this or other concepts of dyadic coping and many typically use the dyadic coping inventory dci for assessing dyadic coping so far research on dyadic coping has been systematically presented in two books one written by revenson kayser bodenmann in 2005 focussing on emerging perspectives on couples coping the other by falconier randall bodenmann more recently in 2016 addressing intercultural aspects of dyadic coping in african american asian and european couples this ebook gives an insight into recent dyadic coping research in different areas and countries

cet ouvrage offre un panorama détaillé des approches éprouvées en thérapie comportementale et cognitive de couple actualisé dans le sens de la 3e vague des tcc il traite des conditions d émergence des thérapies de couple de quatre approches internationalement reconnues issues des principaux courants la thérapie comportementale et cognitive du couple ecbsct la thérapie comportementale intégrative de couple ibct la thérapie de couple fondée sur des programmes d entraînement à la gestion du stress ccet la thérapie de couple axée sur les émotions efct des approches complémentaires pour le couple émergentes et originales ou ayant fait leurs preuves en thérapies individuelles la thérapie d acceptation et d engagement act la pratique de la pleine conscience mindfulness la thérapie axée

sur les liens entre bien être individuel et satisfaction conjugale la thérapie grégaire pg positionnement grégaire il aborde ensuite les enjeux classiques de la thérapie de couple exigeant un accompagnement spécifique infidélité addiction sexuelle difficultés sexuelles et conjugales etc et donne un aperçu de la méthodologie d'évaluation dans ce champ des tcc de couple les bases théoriques des approches majeures et complémentaires sont fournies et étayées de vignettes cliniques avec des déroulements type de thérapies des exemples de techniques et d'outils utilisés il a été rédigé avec la contribution d'une quinzaine de cliniciens et préfacé par andrew christensen

over the course of a lifetime people are vulnerable to stress and anxiety in various domains which may lead to impaired well being and deteriorated health to address both aspects this book comprises two parts which deal with stress anxiety and coping 1 over the life span and 2 in the context of health promotion part one is concerned with stressful person environment interactions and the ways stress impact upon individual and group functioning in different life phases for example sources of adolescents stress may include school demands and frustrations due to sexuality while stress among the elderly might be caused by negative thoughts and feelings about physical deterioration and social isolation part two is dedicated to recent research on health promotion over time stress and anxiety may lower resistance and make people more vulnerable to illness from that perspective antecedents side effects and consequences of stress that may cause limitations in physical and psychological functioning are investigated leading to a variety of serious health problems

considered the most comprehensive handbook in the field this rich resource reviews the biological psychological and social factors that affect health health behavior and illness many chapters review the latest theories and research while others illustrate how research is translated into clinical and community interventions to improve physical health and emotional well being chapters examine health behavior processes within the social contexts in which we live including family social and cultural communities the handbook cuts across concepts behavior change populations women's health risk and protective factors obesity and diseases making it appropriate for a variety of readers from various fields featuring contributions from the top researchers and rising stars in the field each author provides a theoretical foundation evaluates the empirical evidence and makes suggestions for future research clinical practice and or policy novices to the field appreciate the accessibly written chapters while seasoned professionals appreciate the book's deep cutting edge coverage significantly updated throughout the new edition reflects the latest approaches to health psychology today greater emphasis on translating research into practice and policy more on the socio cultural aspects of health including socioeconomic status gender race ethnicity sexual orientation and aging two new sections on risk and protective factors for disease and another on social and structural influences that affect health more on prevention interventions and treatment in the applications section an expansion of the bio psycho social model across several levels of analysis including cultural macro social and cellular factors the book opens with the field's central theories emphasizing the interaction of biological and social systems part ii reviews the mechanisms that help explain the link between health and behavior across diseases and populations the all new part iii focuses on variables that lead to the onset of major diseases or

that are instrumental in promoting health part iv also new to the second edition highlights social and structural influences on health the book concludes with applications of research to specific illnesses and medical conditions the handbook serves as a text in graduate or upper level undergraduate courses in health psychology taught in psychology public health medical sociology medicine nursing and other social and allied health sciences its cutting edge comprehensive coverage also appeals to researchers and practitioners in these fields

this book reviews the development of cognitive behavior therapy cbt and its use with patients suffering from schizophrenia or other severe personality disorders the effectiveness of cbt is highlighted through case studies of dissociative disorders borderline personality disorders and narcissistic personality disorders a special section on dealing with uncommunicative patients with personality disorders completes the overview

beyond the mind body dualism psychoanalysis and the human body is the result of the proceedings of the the 6th delphi international psychoanalytical symposium held in greece the symposium gathered many contemporary psychoanalysts and neuroscientists to deal with the latest scientific approaches and correlations between the two sciences some of the subjects which were developed during the symposium are psychoanalytic affect theory in the light of neurobiological findings the body and the sense of reality the body and the world experience dependent brain plasticity a neuroscience perspective on transference differentiation object relation and microprocesses of identification through the mother infant bodily relationship a neurobiological perspective on mentalizing and internal object relations in trauma tized borderline patients this book will be interesting to psychoanalysts psychiatrists child psychiatrists psychotherapists psycho logists neurobiologists and students alike

zeitschrift für empirische ethnosozilogie und ethnopsychologie a journal for empirical ethno sociology and ethno psychology

the chapters in this volume are based on a systematic meta analysis of the international literature by 40 german scientists who convened to evaluate the research and discarded all but the highest quality data on psychological aspects of coronary heart disease the result is a collection that synthesizes the most significant findings and indicate productive avenues for intervention and further research

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